

ERASMUS+ TRAINING COURSE

# RAINBOW

# YOUTH



*"We are all so different"*



Co-funded by the  
Erasmus+ Programme  
of the European Union



**EUFENIA**  
ASSOCIAZIONE DI PROMOZIONE SOCIALE

# WELCOME

February, 20-26, 2022

Torino, Italy

## ABOUT THE PROJECT

The project's main aim is to promote the inclusion of LGBTQI+ youth through the creation of understanding and inclusive youth work experiences and spaces. This aim will be reached by transferring specific competences to youth workers. The main objective of the project is to transfer specific competences about LGBTQI+ people to youth workers both working and not working directly with LGBTQI+ youth.

## OBJECTIVES

- To provide the necessary competences to include a positive approach to Sexual Orientation and Gender Identity and Expression in youth work practice, also referring to the Youth Workers competence model.
- To explore the specificities and challenges of working with LGBTQI+ young people in Education settings and European activities.
- To look at the difficulties that LGBTQI+ young people face and how practitioners can become facilitators for positive change or growth.
- To provide a framework of action and a series of tools to challenge discrimination on the basis of SOGI.
- To offer a space for inquiry and personal growth of participants.
- To reach citizens, foster diversity and non discrimination.



XOXO

Eufemia Team

## PARTNERS:

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## PARTICIPANT PROFILE:

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01.

Educators (youth workers, youth leaders, teachers, etc) that want to know more about the inclusion of LGBTIQ+ young people in their activities. (This course is NOT for people with extensive knowledge of LGBTIQ+ issues).

02.

Over the age of 18 y.o.

03.

Able to work in English.



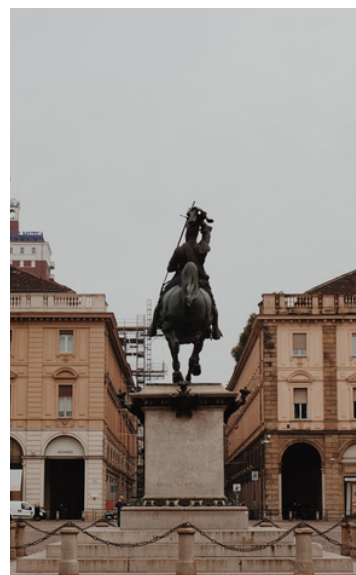
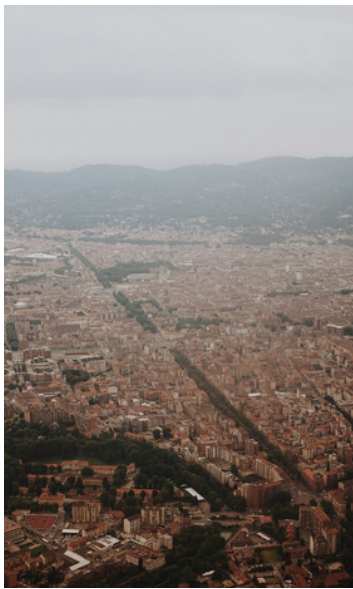
## LOCATION AND ACCOMMODATION

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The Youth Exchange will take place in Alpignano and Torino, the most beautiful cities of North Italy.

The participants will be staying in hostels with:

- shared rooms (3/4 people)
- private bathroom
- common areas
- coffee bar
- free wi-fi





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## TRAVEL

You can arrive 2 days before the activity or depart 2 days after, if you want to spend more time in Italy on your own. Accommodation costs and food for the extra days is not covered by the project funds.

Please make sure to arrive till **3 PM** on the first day of the program (gathering spot: Torino Porta Susa, more details will be provided soon).

You can easily reach Torino by train (<https://www.trenitalia.com/>) or Flixbus (<https://global.flixbus.com/>).

Torino also has an airport, but you can check Milano and Bergamo flight connections too. Your organization can help you find the best solution. Choose your itinerary and share it with us.

**Please check with us before purchasing and don't book any ticket without our expressed confirmation.**

According to our National Agency rules, we can't reimburse taxi or private cars, Only public transport will be accepted.

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## FINANCIAL CONDITIONS AND REIMBURSEMENT

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The program is granted with the financial support of the European Commission and the ERASMUS+ Youth Programme. Therefore, accommodation, food, local transport and program activities will be covered by the project budget.

Also, we would highly recommend considering **flexible flights** tickets as an option of securing yourself from changes or cancellations when unexpected things happen. You know, COVID-19.

According to Erasmus+ Distance Calculator, 275€ is the maximum travel cost available for each participant. COVID tests expenses are considered to be a part of participant's travel coverage.

**Please, remember to keep all original travel documents and receipts in order to get the reimbursement.**

**MOLTO**

**IMPORTANTE**



In case of **last minute cancellation** of your participation due to COVID-19 related issues, please inform us right away. We'll do our best to check the options and conditions for any possible reimbursement with the National Agency for the Erasmus+ programme.

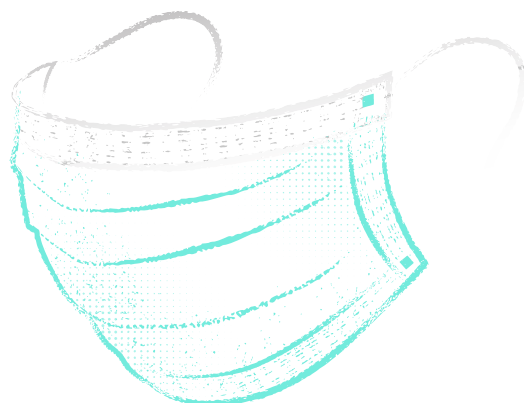
Currently, the EU Covid Certificate (**Green Pass**) is mandatory for everyone regarding Italian government's Coronavirus-related restrictions.

...you know, rules are like Hogwarts stairs, they like to change!  
You can find more information and updates at the following websites:

<https://www.italia.it/en/covid19>

<https://reopen.europa.eu/it/>

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# C R U C I A L

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## C O V I D P R E V E N T I O N S

In order to ensure the safest and most enjoyable experience for everyone, during the whole Youth Exchange we will follow health care directives and prevention rules, according to current Italian law.

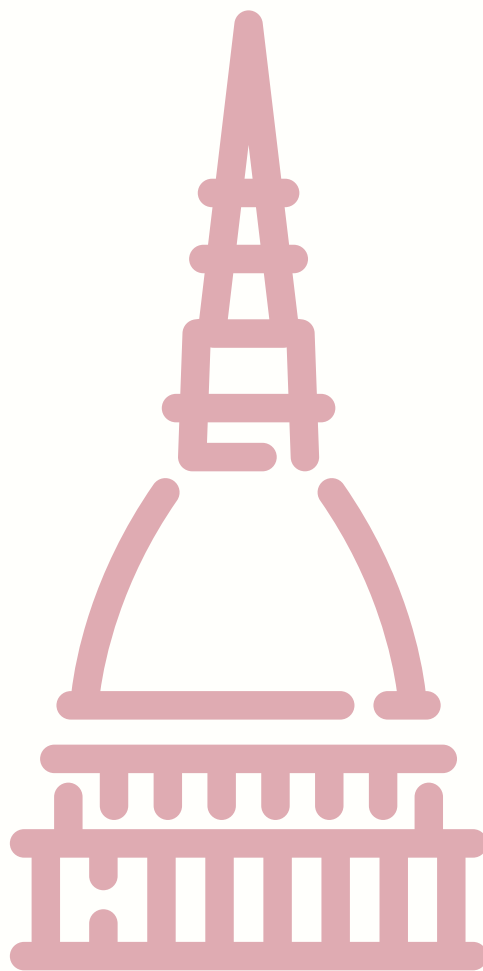
That means everybody will be willing to:

- Always wear the mask during indoor activities and breaks;
- Sanitize hands before and after each activity;
- Keep at least 1 meter safe distance from others during outdoor activities or while not wearing the mask.

Check out on World Health Organization website for more.



GET IN TOUCH  
WITH YOUR LOCAL  
ORGANISATION  
FOR MORE INFO,  
OR WRITE US AT  
[YOUTH@EUFEMIA.EU](mailto:YOUTH@EUFEMIA.EU)



# TIPS FOR PARTICIPANTS

## **WEATHER IN TORINO IN FEBRUARY:**

February in Turin should be with average temperature varying between  $-0.7^{\circ}\text{C}$  ( $30.7^{\circ}\text{F}$ ) and  $9.1^{\circ}\text{C}$  ( $48.4^{\circ}\text{F}$ ), the average relative humidity in February is 75%.

## **WHAT TO PACK:**

Bring comfortable clothes for the activities, windjacket, slipper socks, your own masks (more than one or washable), a reusable water bottle and games/music instruments you want to share during freetime.

## **WHAT ELSE TO BRING:**

Some delights, sweets or desserts from **your country**.

Let's explore our cultures!

Also, you know, we all have a sweet tooth.



Last but not least, get ready for a Drag night:  
Any make up, costume, elements -  
be creative!

**Wear whatever expresses  
you best as a person.**



Here is some inspiration for you - from our previous  
exchange on the topic 🔥



**CIAO!**

